

## TERMS OF ENGAGEMENT

- I treat all clients on the basis of your expressed wishes, clinical need and safety.
- I will keep your records confidential and secure and will not discuss your personal details with anyone else without your permission (such as writing to your GP or consultant, or discussing with a family member – except as below).
- I see children with their parent, guardian or other appointed adult, and similarly for vulnerable adults with needs for special support.
- I will make clear any charges for the consultation and any tests before undertaking them.
- I will endeavour to give you the most up to date relevant advice and recommendations, by making sure that I am up to date in the latest research.
- I will provide clear written guidance at each consultation and review my recommendations with you.
- I will be available to answer brief questions by e-mail or phone in the case of difficulties but this is not an alternative to proper follow-up appointments.
- The client is requested to make all relevant health information available.
- The client is requested to give reasonable notice of cancelling or postponing appointments so that other clients can be offered the time.
- The client is requested to follow the agreed nutritional plan and lifestyle recommendations for maximum benefit.